

Scientific Programme

Thursday 14th February 2019

Time	Session
09:20 - 09:30	Introduction Barbara McGowan & Sharhad Taheri
09:30 - 11:00	A year in review: what are the highlights? Chairs: Rachel Batterham & Sharhad Taheri
09:30 - 10:00	<i>Is obesity pharmacotherapy finally coming of age?</i> John Wilding (Liverpool)
10:00 - 10:30	<i>Update on fatty liver: assessment and treatment</i> Philip Newsome (Birmingham)
10:30 - 11:00	<i>Novel endoscopic techniques for the treatment of obesity</i> Bu ' Hussain Hayee (London)
11:00 - 11:30	Tea, Coffee & Posters
11:30 - 12:30	Case discussions: complex clinical cases 1 Chairs: John Wilding & Tricia Tan
12:30 - 13:00	Plenary 1: Can it be healthy to be overweight? If so when? Chair: Kevin Murphy Katarina Kos (Exeter)
13:00 - 13:45	Lunch
13.45-14.00	Update on commissioning, Tier 3 database and education Barbara McGowan & Sharhad Taheri
14:00 - 14:45	Debate: Very low calorie diets for the treatment of Type 2 diabetes and obesity are a waste of time.

Chair: Nick Finer

PRO: Tricia Tan (London)

CON: Abd Tahrani (Birmingham)

14:45 - 15:45 **Symposium: The role of weight loss in managing type II diabetes**

Chairs: Kevin Murphy & Mimi Chen

14:45 - 15:05 *Intensive dietary lifestyle interventions in type 2 diabetes*

Adrian Brown (London)

15:05 - 15:25 *Weight lowering treatments in type II diabetes*

Clifford Bailey (Birmingham)

15:25 - 15:45 *Metabolic surgery as a treatment for type 2 diabetes*

Dimitri Pournaras (Bristol)

15:45 - 16:15 **Tea, Coffee & Posters**

16:15 - 17:00 **Case discussions: complex clinical cases 2 on pregnancy, type II diabetes and hypoglycemia**

Chair: Abd Tahrani

17:00 - 17:30 **Plenary 2: CVOT's in Obesity - Where are we coming from, where are we going**

Chair: Barbara McGowan

Nick Finer (London)

17:30 - 17:45 Closing ceremony and award presentations